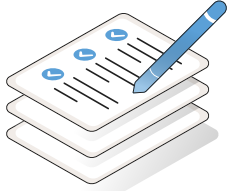


# Preparing for Your First Appointment

Thank you for trusting us. We're excited to help you begin your vein health journey. Please use the following information to prepare for your initial consultation.

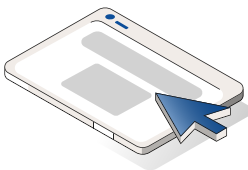
1



## What to Bring

- Photo ID
- Insurance information and card
- Medical records or information that you think may be helpful

2



## Your Consultation

A vein consultation is a comprehensive evaluation with a vein specialist. Your doctor will assess your vein health, review your symptoms and medical history, perform a physical examination of your legs, and discuss potential treatment options if needed.

Diagnostic tests that may be recommended include an ankle-brachial index (ABI) to assess blood flow, a Doppler (Duplex) ultrasound to visualize blood flow in specific veins, or venography to create a detailed map of your veins using X-ray technology.

3



## Tips for a Clear Ultrasound

- Drink plenty of water beforehand.
- Eat a light meal.
- Avoid using lotion or moisturizer on your legs, as it can interfere with the imaging.

4



## Developing a Treatment Plan

After the evaluation, the doctor will discuss treatment plan options and recommend a noninvasive procedure. You can ask questions and discuss any concerns with the doctor. A personalized treatment schedule will be developed, and your first appointment will be set up.

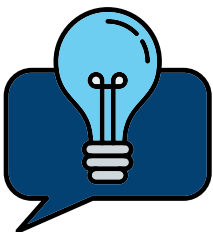
5



## Insurance Coverage

At USA Vein Clinics, we are committed to providing affordable vein treatment options. We accept most insurance plans and continually add new providers to improve coverage for our patients. For those whose vein treatment costs are not covered, we also offer various financing options.

6



## Additional Tips

**Compression Stockings:** Compression stockings are usually recommended to improve your comfort after treatment. Our staff can help you get fitted for stockings at the clinic.

**Comfortable Clothing:** Wear loose-fitting clothes for your appointment to ensure comfort and easier access to the treatment area.

**Have Questions?** We're here to help! **Call our Care Team at (855) 444-5975** to discuss your vein treatment journey.